

**CCoA**  
California Commission on Aging

# AGE WATCH

## ***REGISTRATION OPENS SEPTEMBER 1ST FOR SECOND STATEWIDE SENIOR CENTER STAKEHOLDER FORUM***

Registration opens September 1st for the Senior Center Stakeholder Forum, scheduled for November 14th in Los Angeles. There is no registration fee, but pre-registration is required. Space is limited - please register early.

Check the CCoA website for more information on the Forum and to find the registration link ([www.ccoa.ca.gov](http://www.ccoa.ca.gov)).



2009 Statewide Senior Center Forum attendees

## **AARP Report Details the Value of Informal Caregiving**

New nationwide research released by the AARP Public Policy Institute estimates that informal caregivers' unpaid contributions were valued at \$450 billion in 2009. The report, titled *Valuing the Invaluable: 2011 Update - The Economic Value of Family Caregiving in 2009* reveals that about 42.1 million individuals provided informal caregiving to an adult recipient, while 61.6 million were found to have provided some form of caregiving over the course of the year. Part of AARP's *Valuing the Invaluable* series, the report details the costs and consequences of providing family care and offers policy recommendations to strengthen support for caregivers. To read a fact sheet or read the full report, go to: <http://www.aarp.org/relationships/caregiving/info-07-2011/valuing-fs.html>

*Excerpted from the AARP Public Policy Institute Publication Alert, July 18, 2011*

AGEWATCH is an occasional publication of the California Commission on Aging (CCoA) intended to inform, educate, and advocate. The CCoA is an independent state agency established in 1973 to serve as the principal state advocate on behalf of older Californians. The CCoA office is located at 1300 National Drive, Suite 173,

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## Tony Sauer Reappointed to Lead Department of Rehabilitation

California Department of Rehabilitation (DOR) Director Tony Sauer has been reappointed to his post by Health and Human Services Agency Secretary Diana Dooley. Sauer has served as DOR Director since 2007, and previously served as Executive Director of the Nevada-Sierra Regional In-Home Services Public Authority, as DOR's Deputy Director of External Affairs and as Executive Director of the FREED Center for Independent Living. Sauer holds a Master of Arts of Management and Disability Services from the University of San Francisco and is a graduate of the Health Leadership Program through Sierra Health Foundation and the University of Southern California.

*Excerpted from a DOR Office of External Affairs announcement, July 27, 2011.*



Tony Sauer

## DHCS Releases Adult Day Health Care Transition Plan

A plan for transitioning patients out of Adult Day Health Care (ADHC) was released this month by California's Department of Health Care Services. Developed in response to the elimination of ADHC as a Medi-Cal-covered benefit, the plan will move approximately 3,500 ADHC clients into managed care plans with case management, in-home support services, and additional services designed to keep patients in their homes. The plan will be implemented in October barring court action that advocates hope will restore the ADHC benefit. To read the 22-page Adult Day Health Care transition plan, go to <http://www.dhcs.ca.gov/services/medi-cal/Pages/ADHC/ADHC.aspx>.

## UCLA Student Group Promotes Alzheimer's Awareness

A student movement that started in California aims to influence that future by promoting awareness of Alzheimer's disease and elder issues among high school and college students, as well as encouraging young people to go into AD research. The UCLA organization, Universal Gerontology and Alzheimer's Disease Awareness (UGADA, pronounced U-Gotta), also hosts an annual aging conference, volunteers at senior centers, and raises funds for the Alzheimer's Association. Next on their agenda is to expand their organization across the U.S. According to founding member Shadee Giurgius told ARF, "We want to be a nationwide, virtual youth movement that will connect all the little clubs on the different campuses across the U.S. so that they have some form of communication." His dream is to see an aging-related group at every college across the nation.

Started in 2005, the organization hopes to make young people more aware the coming Alzheimer's disease epidemic and other issues facing the elderly. UGADA was recognized this month in the on-line publication Alzheimer's Research Forum.

The full article can be found at <http://www.alzforum.org/new/newssearch.asp?categoryID=21>.

*Excerpted from the Alzheimer's Research Forum Research News, August 5, 2011.*

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## JAMA Article Focuses on the Most Common Form of Elder Mistreatment

New research published in the Journal of the American Medical Association explores the range of elder mistreatment in community-living older adults, including the factors and consequences associated with abuse. Authored by physicians and elder abuse experts Laura Mosqueda and XinQi Dong, the research focuses on the most common form of elder mistreatment; self neglect, and presents practical approaches for professionals to use when elder mistreatment is suspected. To read an abstract or the article in full, click on <http://jama.ama-assn.org/content/306/5/532.short>.

*Excerpted from "Elder Abuse and Self-Neglect: 'I Don't Care Anything About Going to the Doctor, to Be Honest...'" by Laura Mosqueda and XinQi Dong. JAMA, 2011; 306(5): 532-540.*

## Upcoming Events

August 24-25, Triple-A Council of California, Sacramento, CA

September 13-14, California Commission on Aging, Roseville, CA

September 25-27, Congress of California Seniors, Cathedral City, CA

October 17 - 19, California Association of Senior Service Centers Annual Training Conference, Fairfield, CA

October 27, Dementia Care Without Drugs Symposium, South San Francisco Convention Center. Registration: \$30 (includes lunch & materials); CEU's Available Seats are Limited; RSVP by October 14, 2011 at [www.ossmc.org](http://www.ossmc.org).

November 14, Second Statewide Senior Center Forum, Los Angeles, CA

November 14 - 16, C4A Annual Meeting and Allied Conference, Los Angeles, CA

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