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June 2016

CCoA California Commission on Aging

AGEWATCH

Special edition: Events across California Focus on Older Adults

Aging, Women and Poverty in California Forum

Policy leaders, program officials and advocates from throughout California met June 3rd at the Skirball Cultural Center in Los Angeles to focus on one of the most pressing problems in the field of aging: the direct trajectory of many women and girls into





Lunch speakers L-R) Alissa Ko, Hilda Solis, Carol Liu and Kevin de León, pictured with Paul Downey, Sandi Fitzpatrick, Betsy Butler and Nancy Kirschner-Rodriguez.



(L-R) Betsy Butler, Catherine Dodd, Surina Kahn, Chris Hoene, Anne Price and Usha Ranji presented on retirement security.

poverty in old age.

Jointly sponsored by the California Commission on Aging, the California Commission on the Status of Women and Girls, and the California Women's Law Center, the forum featured panel presentations on the social and policy impacts of the state's changing demographics; the life-long inequities that lead to disadvantage, disenfranchisement and abuse; and

the state's mounting retirement crisis.

Luncheon speakers included Senate President Pro Tem Kevin de León, L.A. County Supervisor Hilda Solis, and State Senator Carol Liu.

A policy white paper on recommendations from the forum will be published later this year. For a summary of the day, visit the Justice in Aging <u>blogpost from June 13</u>, <u>2016</u>.

AGE WATCH is an occasional publication of the California Commission on Aging (CCoA) intended to inform, educate, and advocate. The CCoA is an independent state agency established in 1973 to serve as the principal state advocate on behalf of older Californians. The CCoA office is located at 1300 National Drive, Suite 173, Sacramento,

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World Elder Abuse Awareness Day in San Francisco



California Insurance Commissioner Dave Jones with California Elder Justice Coalition Executive Director Lisa Nerenberg (center) and Vice Chair Carol Sewell. California Commission on Aging Elder Justice Committee Chair Lucille Fisher (at right) with event sponsors Sandy Mori of Kimochi and Administration for Community Living Region IX Administrator David Ishida.

The California Elder Justice Coalition (CEJC) hosted its first World Elder Abuse Awareness Day event in San Francisco on June 8, 2016. Part of a statewide effort to raise awareness about elder abuse, the CEJC event was sponsored by the federal Administration for Community Living, Kimochi, Inc. senior care and the Archstone Foundation.

Presenters at the evening reception included California Insurance Commissioner Dave Jones, Paul Henderson from the office of San Francisco Mayor Ed Lee, California Attorney General Kamala Harris' special assistant Suzy Loftus, and Administration for Community Living Region IX Administrator David Ishida.





KNOW ABUSE REPORT ABUSE ELDER AND DEPENDENT ADULT ABUSE AWARENESS MONTH

CEJC Board Member Terri Restelli-Deits (at left) shares her recommendation for fighting elder abuse by "Preventing Financial Abuse and Exploitation."

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Hundreds gathered at the California Capitol in May for Senior Rally Day



Senior activists from San Bernardino County (above) boarded the bus at midnight in order to attend Senior Rally Day in Sacramento. Below, their Assembly representative Cheryl Brown, addressed the gathering. Assemblymember Brown chairs the Assembly's Aging and Long-Term Care Committee and hosted the event.





Senior

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Califor			
Comm	ission	on	Aging

Paul Downey, Chair San Diego

Ed Walsh, Vice Chair, Rancho Mirage

Commissioners

Joaquin Anguera, San Diego

Donna Benton, Los Angeles

Betsy Butler, Marina del Rey

Steven Castle, Los Angeles

Julie Conger, Sonoma

Lucille Fisher, San Francisco

Stuart Greenbaum, Sacramento

Meea Kang, Davis

Gail Nickerson, Citrus Heights

Robert Petty, Monterey

Kathy Randall, San Diego

Carmen Reyes, Whittier

Jane Rozanski, Camarillo

Rita Saenz, Sacramento

Sedalia Sanders, El Centro

Jean Schuldberg, Chico

Final chance in 2016 to participate in two online gerontology certificate courses from ASA and USC

The American Society on Aging (ASA), in collaboration with the USC Leonard Davis School of Gerontology, is offering a flexible, affordable professional development opportunity for professionals who work with older adults.

ASA and USC are currently offering two five-week online certificate courses: <u>Fundamentals of Gerontology</u>—This course is suitable for all levels of staff, from the seasoned worker who needs a refresher to new staff who require an introduction to the foundational concepts and theories in gerontology and a broader understanding of the aging field. All courses are taught by USC School of Gerontology faculty.

<u>Health and Wellness in an Aging Society</u>—This course offers information, best practices and effective models that are readily applicable to the work your staff is already doing. It is taught by some of the nation's leading experts in aging—specialists in healthcare, chronic disease management, dementia/mental health, and medication management. For each, enrollees who successfully complete the course work, quizzes and a final evaluation will receive a certificate of completion from USC.

It's not too late to enroll in one or both courses as the final courses for 2016 begin July 25. For a limited time, ASA is offering a discount on membership to those who sign up for either course. Participants would simply enter discount code CCOA when enrolling and membership will be only \$175, a 30% discount off regular rates.

Visit the online course webpages – <u>Fundamentals of Gerontology</u> and <u>Health and Wellness</u> <u>in an Aging Society</u> for downloadable course descriptions, sample video clips, schedule, and enrollment information.

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UPCOMING EVENTS

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July 15, 2016, 2017 Aging in America Conference Call for Presentation Proposals. The dead-line to submit proposals has been extended to July 15, 2016. For information and submission forms, click here.
July 19, 2016 – Engaging HIV+ Older Adults in CDSME (Chronic Disease Self Management and Education). Webinar from 12:00 noon to 1:00 PST (3:00 - 4:30 EST).
www.ncoa.org/CHA to register or obtain more information.

July 24 – 28, 2016, National Association of Area Agencies on Aging Annual Conference, San Diego, California. Information and registration at http://www.n4a.org/conference.

California Commission on Aging staff: Sandra Fitzpatrick, M.A., Executive Director Carol Sewell, Legislative Director Marcella Villanueva, Administrative Assistant

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