

**JOIN US ON**  
**NOV 18TH**



# Together Toward Tomorrow

## Aging Awareness Conference

LEARN HOW TO LIVE LONG AND PROSPER



**BECOME A GERONAUT**



### 1 EVENT DETAILS

**Saturday,**  
**Nov 18th**  
**8:30 to 4:30**

Renown Opening and Closing Speakers, Breakout session with presentations on Fitness, Nutrition, Transportation including Go Go Grandparent, Dementia support with guest Paro the Seal from Japan, Technology, and a Panel of State and local government agencies and resources.

Resource Fair that provide solutions and inspiration

### 2 LOCATION

**ARC Student Center**

American River College Campus. Parking is ample with a \$2 fee. Breakout sessions and Resource Fair in surrounding buildings.  
4700 College Oak Drive  
Sacramento, CA 95841

### 3 REGISTRATION

**Online or by Mail**

Registration can be done online <http://arcgeronaut.bpt.me> or by mailing to address above. Admission includes breakfast and lunch.

Under 75	\$20	
Over 75 & Students	\$10	After November 1st, \$5 increase in Pricing
Continuing Education Units	\$50	

**More information: [arcgerontology.info](http://arcgerontology.info) OR to participate in Resource Fair**